

Champion in less than twenty seconds each.

In the playoffs for the Grand Championships our 180-pound Champion threw the 245 pound heavyweight champion in less than two minutes, while our 165-pound champ tossed the lightweight 150pound champion with a "hidari uchi mata" (left side, inner thigh trick) in about five seconds.

The two Bushidokan Champions then fought each other through an eight minute overtime match to a decision in favor of the 180-pound champ, making him the Grand Champion, and making our 165-pound champion the Overall Runner-up.

> Read! Reader's Digest Article "Judo - Mayhem With a Gentle Touch"

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