



A BUSHIDOKAN ACADEMY

OF SELF DEFENSE

JUDO · KARATE · JIJITSU

NOW AVAILABLE

3 MONTH KARATE SUMMER PROGRAM FOR YOUNG ADULTS



the
way
of the
warrior

DEVELOP the poise and confidence, the top physical tone and stamina that the sport of karate can give you. Whether or not you are athletically minded, you can put the skill of this sport to work for you.

BUSHIDOKAN ACADEMY will give you the training of champions, and the confidence that comes from being instructed in an athletic atmosphere recognized as the Mid-West's finest both in integrity and ability. The average student learns self-defense and physical conditioning. The athlete will find his physical endurance and ability sharpened.

KARATE is a highly disciplined sport, developed over 2000 years ago, where a powerful brick-shattering blow is developed yet restrained for competition purposes. It is indeed the exercise of agility in mind and body.

**BUSHIDOKAN ACADEMY HAS WON
IN EVERY COMPETITION
SINCE ITS BEGINNING**

Call for FREE introductory lesson

CHILDREN & ADULT CLASSES IN JUDO ALSO AVAILABLE

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