

JUDO CAN DEVELOP CONFIDENCE

and poise in the shy or timid child. Judo is a spirited sport with a gentlemanly touch. It teaches children to fall and tumble scientifically and safely, and actually toughens them up physically as well as emotionally. Self defense is the basis of Sport Judo. After the basic movements are developed, any of the judo throws, locks, holds or submission, techniques, that are practiced in the sport techniques, that are practical in the sport style have numerous practical applications for self-defense.

WHEN A CHILD ISN'T AFRAID

of being hurt, or has nothing to fear from the bully or antagonistic type, he will accept more challenges and enter into the more rugged and virile sports and games and become a real boy and a real man.

BUSHIDOKAN'S JUDO PROGRAM

is the finest available in the Midwest, and is among the very best in the nation. The academy is registered and accredited by the Amateur Athletic Union and is head-quarters for the Central Division (eleven states) of the Korean Yudo (judo) Federation.

Beginners Classes
Now Filling

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