

BUSHIDOKAN

**JUDO
KARATE
JUJITSU**



**KUNG-FU
KICK BOXING
TAE-KWAN-DO**

ACADEMY OF SELF DEFENSE INC.

Men—Women—Children—Teens—Family



MARK PAYNE

—1975—

All American

Middleweight

Black Belt Champion

Free Style Combat

(Not Form Dancing or Demonstration)

Our 45th National Title.

**We Have Been Training Champions For
Eleven Years—And We're Still Winning!**

Actually, Competition Is Only Our By-Product. We Emphasize **SELF-DEFENSE, PHYSICAL CONDITIONING** and **COORDINATION, SELF-CONFIDENCE** and **SELF RELIANCE, DISCIPLINE** and **SELF-DISCIPLINE, SPIRIT, HONOR** and **COURAGE, COURTESY, RESPECT & TRADITION—AND THEN COMPETITION—**

You, or your child may never wish to become a National Champion, but you will still receive championship instruction.

And Remember—Competition is the test of the instruction as well as the student.

3—KANSAS CITY ACADEMIES

WEST
5613 Johnson Dr.
722-0107
Mission, Kansas

NORTH
2524 N.W. Vivion Rd.
587-8350
Filger Plaza-North K.C.

EAST
6610 Blue Ridge
737-1220
Raytown, Mo.